Waiver Ponds

Please complete in full the below Questionnaire and Declaration for use of the ponds at 'Oakhill Ponds'.
We take your health and safety seriously. We wish to highlight the dangers on the site.
Open water swimming and all water activities are potentially hazardous and could, if not approached with due care and consideration, lead to the risk of injury, illness and even death in exceptional circumstances.

Declaration and Waiver

- I agree that Oakhill Ponds is not responsible or liable for any injuries or damage resulting in my use of the land and in or on the water.
- I agree to swim/canoe/paddle-board at my own risk and understand the dangers associated with Open Water activities with the potential for serious personal injury and property loss.
- I agree that I will swim/canoe/paddle-board only in the designated swimming area(s) and in a way that is safe and doesn't interfere with other swimmers or users of the water. I will use the water only during the stipulated times and when the water is deemed safe to swim by Oakhill Ponds.
- I understand that there may be hazardous objects (e.g. fallen branches) under the water and agree not to jump or dive into the water.
- I certify that I am physically fit, have no pre-existing medical conditions that would affect me partaking in swimming or water activities outdoors and have not been advised against participating in such activities by a doctor. I will alert Oakhill Ponds if my personal health and/or fitness status changes.
- I agree to swim/canoe/paddle-board sober and will not drink alcohol before or during water activities.
- I have familiarised myself with the location and use of the safety equipment on site. Namely, life-jackets, buoyancy aids, lifebuoy and throw lines.

Cold Water swimming

- I am aware of the dangers associated with cold water swimming i.e. water temperatures below 15 degrees. Namely Cold shock, Cold incapacitation, Cramp, Asthma, Cold water urticaria (cold hives), Hypothermia.
- I understand that wet-suits provide additional buoyancy and cold water protection.
- Compulsory wearing of neoprene boots/socks and gloves in temperatures below 10 degrees.

DECLARATION

The answers provided on this form are accurate and truthful to the best of my knowledge and I do not believe there is any reason I, or anyone in my party, should not take part in the physical activities involved. By clicking the Accept and Continue button I confirm that I agree to everything in this waiver.

Signature:

For persons under the age of 18 Parent/Guardian
name Signature:

Contact Tel:

Date:

Waiver Land

We take your health and safety seriously. We wish to highlight the dangers on the site. The site is potentially hazardous and could, if not approached with due care and consideration, lead to the risk of injury, illness and even death in exceptional circumstances.

Declaration and Waiver

- I agree that Oakhill Ponds is not responsible or liable for any injuries, loss or damages resulting in my use of the land, car park and around the water.
- I understand that the land referred to as Oakhill Ponds (25 acres belonging to The Beeches) is both a natural and a constructed environment and has unique features that pose risks; multiple trip hazards (tree roots, rocks, logs etc), the grotto tunnel, the fictive cliff, the weir, caves, deep water, ticks, insect bites and potentially poisonous plants and berries.
- I am aware that the grotto is an old structure (around 1790) and has not been structurally surveyed.
- I agree to respect the rope barriers and signage on site.
- I agree that my enjoyment and use of the space is entirely at my own risk.
- I agree to take full responsibility for any minors (under 18's) that are in my care and will not leave them unsupervised on site.
- I am aware that the land is home to a family of deer and consequently there will be ticks present in the grass.

DECLARATION

The answers provided on this form are accurate and truthful to the best of my knowledge. By clicking the Accept and Continue button I confirm that I agree to everything in this waiver for myself and everyone in my party.

Signature:

For persons under the age of 18 Parent/Guardian
name Signature:

Contact Tel:

Date: